

[A Photo-Ready Finish](#)

Wednesday, August 26th, 2009



It can still be difficult to lure men to the spa, but more and more male athletes are making the services part of their routines. Take the retired Hall-of-Famer and ESPY-winning jockey Jose Santos (left), who recently stopped by [Complexions Spa for Beauty and Wellness](#) in Albany, New York. It was the middle of the thoroughbred horseracing season at the nearby Saratoga Race Course, and Santos—the 11th all-time winning jockey—brought along fellow jockey Filiberto Leon (background) for a steam shower, hot shave, massage, haircut and men's manicure. "Spa treatments shouldn't be an occasional indulgence, but a necessity to improve overall health and wellness," Leon said. And that's coming from a tried-and-true sportsman!